



## About TantraGoddess888 Subliminals

Suggestions are incredibly powerful--but ONLY if the subconscious will accept them. Subliminals, much like hypnosis, can help bypass the conscious mind so your new beliefs or goals can get to work directly in your subconscious. That's really important, because your subconscious mind is where both of these are stored.

Audio Subliminals are audios that play below the threshold of hearing. It's simply a tool to get around the conscious mind.

My subliminals are often a combination of **audible** and **inaudible** messages.

My subliminals are very powerful, because as a certified hypnotist I have a deeper understanding of the human mind and the tools needed to get to the subconscious.

My understanding of Law of Attraction, and as an energy healer, means I understand that manifestation is easier when you align your energy and vibration—as well as the role your thoughts, beliefs, and emotions—all play.

Some of the tools I use are present tense affirmations, affirmations (posing your affirmation as a question that your mind may more readily accept) playing subliminals in different ears and different speeds, doing a combination of audible and inaudible messages, compression (speeding up your msgs) double voice and more.

All my audios have multiple tracks.

The human brain can process bits of information, so I love using subliminals to introduce many more goals, hypnotic suggestions, or healing energies that you would have to spend hours

performing or listening to, by combining them all in one easy to listen to track. Consider this....  
“our conscious brains can only handle something like **40 bits** of information a second, while our **unconscious minds** (subconscious) can handle 11 million bits of information per second”  
(Forbes)

I also use brain wave entrainment like binaural beats and isochronic tones that can help your brain waves enter a more relaxed state like alpha, or even deeper levels like delta or theta. This simply helps access your subconscious mind more readily.

I also may incorporate Solfeggio Tones, sacred geometry, reiki, dna codes, mantras, seed sounds, different healing modalities, and more, in all my tracks. This helps with general healing, chakra balancing and getting in better vibration.

### **Directions for Use**

In general, most of my subliminals are meant to be listened to a minimum of once a day, or more, for a minimum of 21 to 40 days. Thereafter, listening at least once a week, for best results. This does not necessarily mean active listening. You can throw this on in the background, or even while you sleep. Some people even enjoy looping or repeating it through their night. But of course, **I do not recommend listening while you are driving or operating heavy machinery** because it may contain some brain wave technology to help relax you. Do not listen to this when performing anything that may need your full attention.

### **Disclaimer and Terms of Use**

Please note my tracks are meant to be complementary, and not as substitution or in place of, medical advice and/ or care. Those with significant mental disorders, or seizure disorders, it is not always recommended to listen to hypnosis, or binaural beats. If in doubt, please check with your physician if you see if this is right for you. You should always find a safe place, and not be operating heavy machinery, driving or anything where your full concentration is needed elsewhere, while listening.

This is meant for those 18 years of age and over.

By using my products you agree that TantraGoddess888 is not responsible or liable for any effects or consequences of listening to her products: including and not limited to erections, heaving breathing, hfos, or other misadventures. You assume full responsibility and liability.

Thank you.