

Thank you for your purchase.

Please do not listen while driving, nor while operating heavy machinery.

Those with serious persistent mental illness or other mental disorders may not be the best candidates for hypnosis. If you are in doubt if this product is right for you for any reason, please consult your physician before using.

Please note, TantraGoddess888 is not liable for any heavy breathing, arousal, long lasting erections, orgasms, better sex, or anything else that occurs as a result of using her products.

You use this product at your own risk...wink.

## **What is Erotic Hypnosis and a Hands-Free Orgasm?**

Hypnosis is a state of heightened awareness with some heightened suggestibility. The goal of hypnosis is to help quiet the conscious mind to access your subconscious.

Your subconscious is a powerful, magical place. This is where your beliefs and habits are stored, among other things.

The subconscious cannot tell the difference between what is real and not real. So, it will respond to what you tell it to be true. The trick is simply getting the conscious mind out of the way, to allow this to happen. And hypnosis is a great tool to help achieve this.

While under hypnosis, your subconscious mind can create the most powerful sensations, because it believes it is responding to something that is truly happening.

If that sounds too incredible, consider having a wet dream. Your body responded to your dream, like it was actually happening. It is very similar, except you are not asleep with hypnosis.

You are in an altered state of heightened awareness.

That brings us to Erotic Hypnosis, which is simply hypnosis with erotic topics and fantasies, or to create erotic sensations, even including a hands-free orgasm.

For Erotic Hypnosis, orgasm can generally happen two ways for men. Wet or dry.

Yes, some men experience a full hands-free orgasm with ejaculation. Others receive the full sensation of an orgasm without experiencing the ejaculation. Neither way is wrong; both are highly pleasurable.

### **Some Key Tips**

The first one, is to simply relax.

Find somewhere comfortable to sit, or recline. Be aware if you are tired and lying down, you risk falling asleep through your session.

Simply sit back and relax, and turn off all your noise items while listening, so you will not be disturbed. Your clothes should be loosened, or simply wear nothing at all.

This is our special time together, and I want you to enjoy it fully.

Allow yourself to get lost in the fantasy, to relax and to surrender to it. Many men find that the more often they listen, the easier it is to fall deeper and easier into trance.

## **Triggers**

To deepen your trance, or to connect to a feeling or suggestion, a hypnotist may use triggers. I often use auditory and kinesthetic (touch) triggers. I often have multiple triggers at the same time to make it harder to recreate them unless you are choosing to do them, so you won't encounter them by accident.

## **Hypnotic and Post Hypnotic Suggestions**

Hypnotic suggestions are suggestions given once you are taken into a state of trance, for instance suggestions to get aroused. Post hypnotic suggestions are suggestions for you to follow afterward when you are out of trance, for instance, when I suggest your sex life is better and you keep having stronger orgasms. Many files have some combination of both.

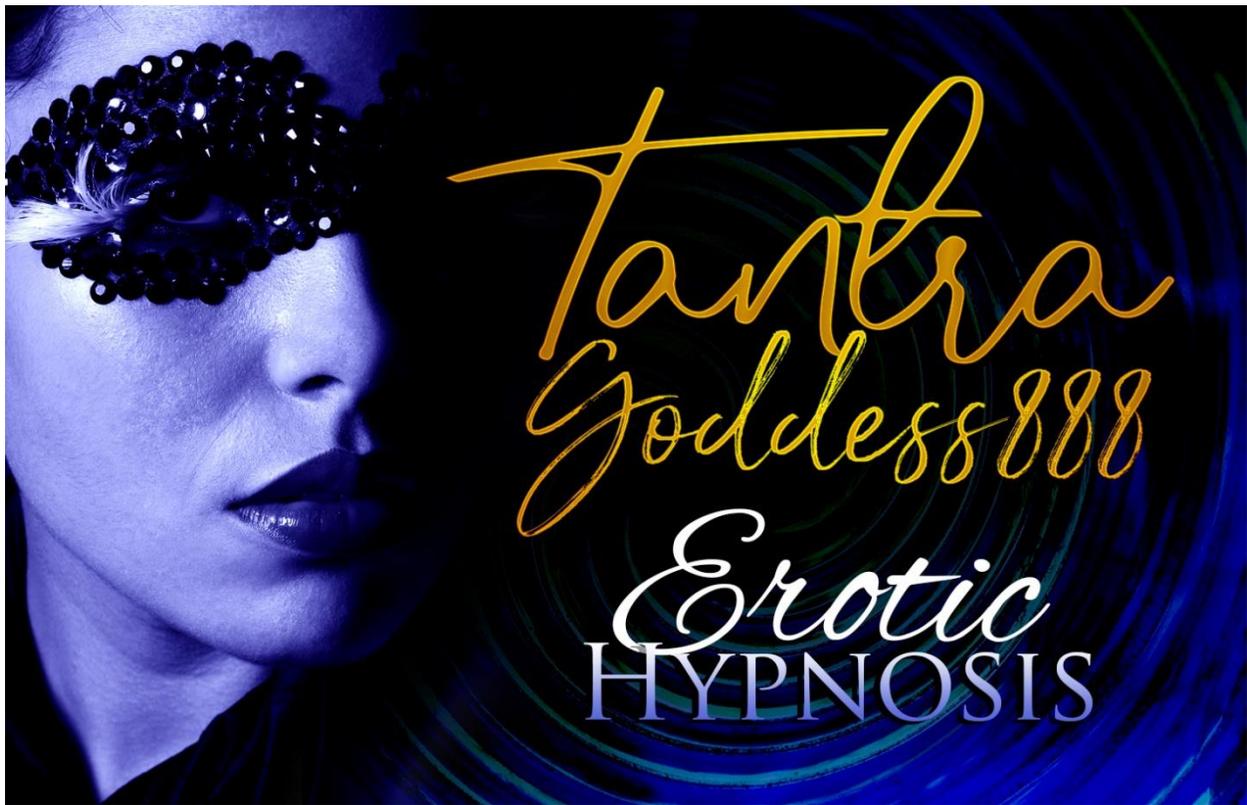
## **Subliminals**

I often use subliminals which are audios at different levels, often inaudible. These are another tool to get around the subconscious mind. The subliminals are often reinforcements to the hypnotic suggestions and post hypnotic suggestions. They are used to enhance the file and your response to the suggestions.

## **Energy Work**

I am an energy healer and sometimes transmit reiki and have other healing elements in the files, or use chakra meditation and energies, even subliminally. Men that are sensitive to subtle energies often write me to comment on the vibrations in the audio.

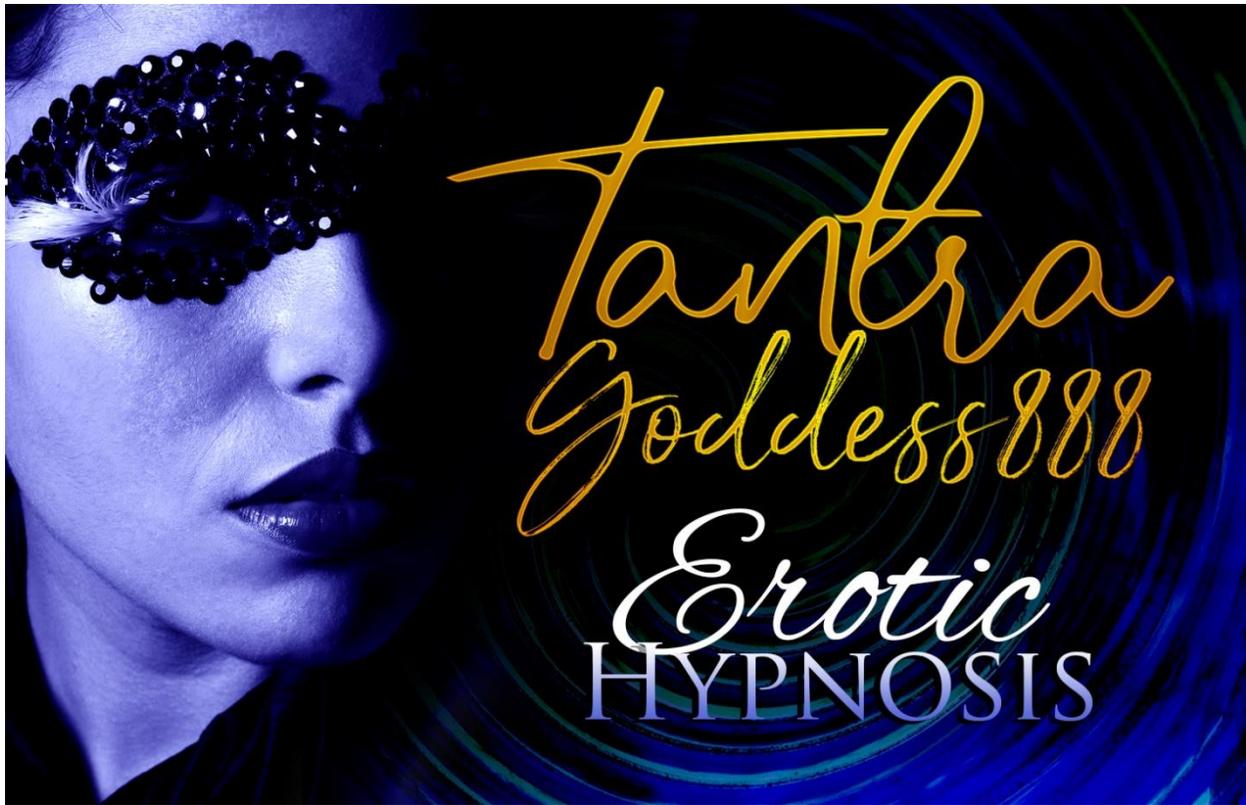
You don't have to feel them to benefit from them.



### About TantraGoddess888

TantraGoddess888 is the alter ego of a real, certified hypnotist with the National Guild of Hypnotists. She resides in North America.

TantraGoddess888 has other certifications in various modalities of energy healing, including Reiki Master and Crystal Reiki Master, and is a certified Law of Attraction Practitioner.



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Your satisfaction is my goal, and if you have any issues, feedback, or questions please contact me directly at [tantragoddess888@gmail.com](mailto:tantragoddess888@gmail.com).